KALU RAGLAYIM (Light footed)

(Israel)

Kalu Raglayim was choreographed by Tamar Alyagor; music written by Josef Spivak.

MUSIC:

Record: Israeli Folk Dances AN 18-28. Side 2, band 2. Tikva T100 "Debka". Side 2, band 6.

FORMATION:

Cpls in circle, W to R of M. Face ctr. All hands joined

and down.

Introduction: 4 meas. 4/4 meter

Cts	PART I
1-8	Begin R. 8 running steps in place crossing R slightly in front of L. Keep wt predominately on R.
9-12	Face CCW. Run 4 steps fwd (R L R L). Stamp on 4th step for emphasis.
13-14	Face ctr. Hop twice on L. clicking R heel to L while hopping and travelling to R (LOD).
15	Leap on R.
16	Step L across in front of R.
17-32	Repeat action of cts 1-16.
	PART II
	Release hands. Ptrs face, and beginning R move away
	from each other:
1-4	2 smooth sliding steps to R (W to ctr of circle, M out)
5-6	Continue away with 2 vigorous running steps.
7-8	Jump on both ft. Hop on R.
9-16	Repeat action of cts 1-8, Part II, reversing ftwork but move past ptr (W move all the way to outside of circle, M to inside).
17-24	Repeat action of cts 1-8, Part II. Ptrs finish in front of each other.
25-32	R hips adjacent, R arm around ptr waist, outside arm held high. Dance 8 buzz steps turning GW. Finish with W to R of M in single circle ready to begin dance again.
	VARIATION FOR PART II
25-32	R shoulder and R hip adjacent, join hands in back-grasp pos, and dance buzz turn. Open to original circle on cts 31-32.

Presented by Rivka Sturman